

DAY 0 Evening

Arrive at Calgary International Airport (YYC), have dinner and take rest.

DAY 1: Moraine Lake and Johnston Canyon/Lake Louise

Morning 8-9: Breakfast

Morning 9-11: Drive to Banff – The distance between Calgary to Banff town is 150 KM and take anywhere between 1 and half hours to 2hours depends on the traffic.

Noon: Lunch at Banff town.

Afternoon 1-1:30 Drive to Johnston Canyon – Johnston canyon is half an hour drive from Banff town.

1:30 to 3PM: Johnston canyon hike is one of the famous hikes in Banff and is family friendly. The hiking trail is well maintained and you get to see 2 beautiful waterfalls. The lower falls is at 1 mile mark and upper falls is at 1.5 miles mark. Going to lower fall and return takes about an hour. If you are going to upper fall and returns, it takes an extra 30 to 45 minutes.

3:30 TO 4:30PM: Drive to Moraine lake shuttle pickup area. (You have to reserve the shuttle weeks before or if you are lucky, you can get it 2 days before when they open the limited tickets at 7AM Canada time)

5PM to 7:30PM – Visit Moraine Lake, Do a small hike to the Rockpile to get the picture of iconic moraine lake. If time permits, do a shoreline trail – it's just a mile long flat hiking trail that goes along the lake. You get to see the lake from different perspective. Back to Banff town, have dinner and sleep.

PS: If hiking is NOT your thing, you can skip the Johnston canyon hike and can go directly to Moraine Lake. In this case, after Moraine Lake, you can visit the famous Lake Louise. You can spend 1 hour in Lake Louise and come back to Banff town to have dinner and then sleep (Just viewing lake.. If you want to do Hike in Lake Louise, we will reserve it on Day3)

DAY 2: Spend the Day at Banff town

Morning 8-9AM: Breakfast

Morning 9AM-11AM: Banff Gondola – Banff Gondola is a fun family thing to do. The Gondola takes you to the top of Sulphur Mountain. The view is amazing. There is a restaurant and museum at the interpretive center.

Afternoon 1-3PM: Lake Minnewanka cruise – Spend the afternoon at the cruise in Minnewanka Lake. It's a 1 hour cruise time (Reservation is required)

4-6PM: Spend the evening at Banff Town, exploring the shops and restaurants. If possible, visit the Cave and Basin national historic site.

6-8PM: Soak at the Banff Upper Hot Springs.

Day 3: Visit the Famous Lake Louise

Morning: If you had hiked the Johnston Canyon the first day, reserve 3rd day for the Lake Louise. Lake Louise is one of the beautiful lakes in all of Canada. You can stroll around the lake. I would recommend hiking to the Lake Agnes teahouse. The lake Agnes is gorgeous and the view of Lake Louise from the little beehive is stunning. (its around 2-2.5 miles to Lake Agnes Teahouse)

Evening: Spend the afternoon at Canmore – another beautiful but smaller town than Banff. Canmore museums and art galleries are world famous. There are tons of restaurants here that you can try any cuisines.

Picnic at the Bow falls in Banff town. Tunnel mountain hike is a short but sweet hike. You get to see the Banff town view from around 1000 feet.

Day 4: Drive from Banff to Jasper (Icefield Parkway)

The drive from Banff to Jasper is one of the best road trips I ever had. It takes about 3 hours, but there are many places to stop along the icefield parkway.

10 to 12 – Columbia Icefield Glacier Tour including the Glacier Skywalk. (Book this tour before 11AM to avoid the crowd and also you will get a nice pictures of Athabasca Glaciers) – It means, you have to start driving from Banff around 6:30-7AM.

Some of the must stops along the Icefield parkway: (Except Valley of 5 Lakes, everything is on the road, or walk for 10 minutes)

Bow Lake, Peyto Lake, Athabasca Falls, Sunwapta Falls and Tangle Creek Waterfalls.

Valley of 5 Lakes (3 miles hike with 5 stunning lakes)

Day 4: Relaxing day at Calgary

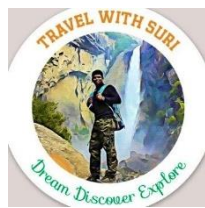
Calgary Tower – An iconic image for the city. The 360' view from the top of the tower is stunning and you can do skywalk there.

Peace Bridge – Above the Bow River, you may find many bridges but none come close to the Peace Bridge.

Canada Olympic Park and **Calgary Heritage Park** are worth the visit.

Calgary downtown walk – The downtown is beautiful with tons of street arts, murals and performers.

Calgary Zoo



Day 5: Return

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